



Wings of Eagles Youth Invitational Meet

Saturday May 18th

West Seattle Stadium

Address: 4432 35th Ave SW, 98126

Contact Information: (206) 335-9439

Awards: 1st - 8th Place

West Seattle track surfaces are rubberized, all weather surfaces. Spikes longer than ¼ inches are not permitted.

9:15	3000	9-10, 11-12, 13-14, 15, 16, 17-18
9:30	100 Prelims	8-under, 9-10, 11-12, 13-14, 15, 16, 17-18
10:45	80M Hurdles/110 hurdles	11-12, 13-14, 15, 16, 17-18
11:00	1500m	9-10, 11-12, 13-14, 15, 16, 17-18
11:30	50M	8-under,
12:00	100m Finals	8-under, 9-10, 11-12, 13-14, 15, 16, 17-18
	Lollipop Race	5-under
12:30	400m	8-under, 9-10, 11-12, 13-14, 15, 16, 17-18
1:30	4x100	8-under, 9-10, 11-12, 13-14, 15, 16, 17-18
2:30	800m	8-under, 9-10, 11-12, 13-14, 15, 16, 17-18
3:15	200m	8-under, 9-10, 11-12, 13-14, 15, 16, 17-18
4:15	4x400	8-under, 9-10, 11-12, 13-14, 15, 16, 17-18

Field events - 3 attempts only; no finals; two pits

<u>Time</u>	<u>Event</u>	<u>Division</u>
9:00	SP	7-8
	HJ	9-10
9:30	LJ	13-14
	SP	9-10
10:00	SP	11-12
	HJ	13-14
10:30	LJ	5-6
11:00	SP	13-14
11:30	LJ	8-under
12:00	Discus	11-up
	HJ	11-12
12:30	LJ	9-10
1:00	T Jav	8-under
1:30	LJ	11-12
	T Jav	9-10
2:30	T Jav	11-12
3:00	Javelin	13-up

- Concessions
- Registration opens at 8:00am-Meet starts at 9:15am
- Events may run up to one hour ahead of schedule. No refunds will be given

Cost: \$5.00 for each event, \$20 per relay, same day registration \$6.00 per event registration closes at 12:00pm..

Please register at Athletic.net or send your rosters to empoweringyouthandfamilies@msn.com. Please submit team rosters by May 15th, 2013. If you have questions please contact Coach John or Coach Charlett at (206) 335-9439