



TIME SCHEDULE

TIME	EVENTS	AGE GROUPS
Running Events		
9:00am	80m Hurdles	Midget
9:15am	100m Hurdles	Youth
9:30am	100 Prelims	Mini Bantam & up
11:00am	1500m	Sub Bantam & up
11:30am	50 meter	Mini Bantam
12:00pm	100 meter final	Sub-Bantam & up
12:30pm	400 meter	Sub-Bantam & up
1:30pm	4 x 100 meter relay	Sub Bantam & up & Coaches/Parent Relay
2:30pm	800 meter	Sub-Bantam & up
3:15pm	200 meter	Sub Bantam & up
4:30pm	4 x 400 meter	Bantam & up

Field events - 3 attempts only; no finals; run one pit

9:30am long jump (youth+)	9:00am shot put (sub-bantams)	12:00pm discus (all ages)
10:30am long jump (mini-bantams)	9:30am shot put (bantams)	1:00pm turbo javelin (sub-bantams)
11:30am long jump (sub-bantams)	10:00am shot put (midgets)	1:30pm turbo javelin (bantams)
12:30pm long jump (bantams)	11:00am shot put (youth+)	2:30pm turbo javelin (midgets)
1:30pm long jump (midgets)		3:00pm javelin (youth +)

Once the meet begins, events may start up to 1 hour ahead of schedule. Time indicates starting time for youngest age group competing. Girls will start first and all other age groups to follow in order.