

**FACILITIES:** ALL WEATHER SURFACE TRACK. GRASS WARM-UP AREA AVAILABLE ON THE IN FIELD.



## TIME SCHEDULE

TIME	EVENTS	AGE GROUPS
RUNNING EVENTS-		
8:00	REGISTRATION	
9:00	80M HURDLES	MIDGET
9:15	100M HURDLES	YOUTH
9:45	1500	BANTAM & UP
10:15	50 TIMED FINALS	MINI & SUB-BANTAMS
10:50	100 PRELIMS	SUB-BANTAM & UP
11:50	100 TIMED FINALS	MINI-BANTAMS
<b>*12:10</b>	<b>*4X200M RELAY</b>	<b>*SUB-BANTAM &amp; UP</b>
12:55	400	SUB-BANTAM & UP
1:55	4X100 RELAY	MINI-BANTAM & UP
2:55	800	BANTAM & UP
3:30	100 FINALS	SUB-BANTAM & UP
4:15	200	SUB-BANTAM & UP
5:00	4X400 RELAY	BANTAM & UP
FIELD EVENTS-		
9:00	LONG JUMP	ALL AGES
10:00	SHOT PUT	BANTAM & UP
10:00	HIGH JUMP	BANTAM & UP
12:30	TURBO JAV.	BANTAM & MIDGET
12:30	DISCUS	MIDGET & YOUTH

- NOTE THAT THE 4X200M RELAY CAN BE MIXED GENDER WITHIN THE AGE GROUP AND THERE WILL BE A COACHES 4X200M RELAY
- ONCE MEET BEGINS EVENTS MAY START UP TO 1 HOUR AHEAD OF SCHEDULE. TIME INDICATES STARTING TIME FOR YOUNGEST AGE GROUP COMPETING. GIRLS WILL START FIRST AND ALL OTHER AGE GROUPS TO FOLLOW IN ORDER