

Rainier Beach 11th Annual Invitational Track Meet

Schedule of Events May 5, 2012

<u>Time</u>	<u>Event</u>	<u>Age Group</u>
9:00AM	Short hurdles	Midget and older
9:30	100M Trials (timed final if less than 8 in preliminary heat)	All Ages
11:00	50M	MiniBantams (no finals)
11:30	400M	SubBantams and up
12:45	100M Finals	All ages
1:15	800M	SubBantam and up
2:00	4x100	SubBantams and up
2:45	200M	MiniBantams and up
3:45	1500	SubBantams and up
4:15	4x400	SubBantams and up

ALL EVENTS ARE TIME FINALS EXCEPT THE 100 METERS FOR BANTAMS AND UP

FIELD EVENTS

EVENT	TIME	AGE GROUP
LONG JUMP (2 pits)	10:00- 11:00	Mini-bantams
	11:00-12:00	Sub bantams
	12:00-1:00	Bantams
	1:00- 2:00	Midgets and up
	(Two pits to be operated)	
Pole Vault	TBD (probably between 10 am and 11:30)	Youth and older
SHOT	9 am-10:00	SB, Bantams, Midget (6 lb shot)
	10:00-11:00	Youth and up (8lb and 12lb shot)
Discus	12:00 to 1pm	Midgets and Up
High Jump	2 to 3 pm	All Combined (Begin with lowest height)
Turbojav	1 to 2 pm	Bantams and Up
Javelin	2 to 3 pm	Youth and up

Competitors shall complete all attempts (3 attempts per event) during the scheduled time.

Track events may run up to 60 minutes ahead of schedule.