

Rainier Beach 10th Annual Invitational Track Meet

Schedule of Events April 30, 2011

<u>Time</u>	<u>Event</u>	<u>Age Group</u>
9:00AM	short hurdles	Mid-youth
9:30	1500	Bantam and up
10:00	100M	All Ages
11:30	50m	Mini only
12:00	100m finals	Bantams and up
12:30	400m	Mini Bantam & up
1:30	4x100M	Mini Bantams & up
2:30	800m	Mini Bantams & up
3:15	200M	Mini Bantams & up
4:15	4x400	Bantam & up

ALL EVENTS ARE TIME FINALS EXCEPT THE 100 METERS FOR BANTAMS AND UP

FIELD EVENTS

EVENT	TIME	AGE GROUP
LONG JUMP	10:30-11:30 11:30-12:30 12:30-1:30 1:30- 2:30	Mini- bantams sub bantams bantams Midgets and up
SHOT	9 am-10:30 10:30-11:30	SB, Bantams, Midget (6 lb shot) YB, INTER, and up (8lb and 12lb shot)
Discus	12:00	Midgets and Up
High Jump	2:30 pm	Bantam and Up
Turbojav	1:30pm 2pm	Bantams Midgets
Javelin	3 pm	youth and over

Track events may run up to 30 minutes ahead of schedule.