

USATF- Region XIII 2013 Junior Olympic Championship Time Schedule

	Thursday	Combined Events	Order
9:00am	Decathlon	15-16 & 17-18 M	100, LJ, SP, HJ, 400
9:45am	Pentathlon	13-14 G	100MH, SP, HJ, LJ, 800
10:00am	Heptathlon	15-16 & 17-18 W	100MH, HJ. SP. 200
10:15am	Pentathlon	13-14 B	100MH, SP, HJ, LJ, 1500
	Friday	Combined Events	Order
9:00am	Decathlon – Day 2	15-16 & 17-18 M	110MH, DIS, PV, JAV, 1500
9:45am	Pentathlon	11-12 G	80MH, SP. HJ, LJ, 800
10:00am	Pentathlon	11-12 B	80MH, SP. HJ, LJ, 1500
10:00am	Heptathlon – Day 2	15-16 & 17-18 G	LJ, JAV, 800
11:30am	Triathlon	9-10 B	SP,HJ, 400
11L30am	Triathlon	9-10 G	SP,HJ, 200
	Friday	Field Events	
5:00pm	Hammer @ WS	15-16 & 17-18 W	
6:00pm	Hammer @ WS	15-16 & 17-18 M	
•	Saturday	Track Events	
8:30am	1500 M Race Walk	Timed Finals	9-10G, 9-10B, 11-12G, 11-12B
8:30am	3000 M Race Walk	Timed Finals	13-14G, 13-14B, 15-16G, 17-18W
8:30am	3000 M Race Walk	Time Finals	15-16B, 17-18YM
9:00am	1500 M Run	Time Finals	All Divisions (youngest – oldest)
10:30am	100 M Dash	Semi Finals *	All divisions (youngest – oldest)
12:15pm	200M/400M Hurdles	Timed Finals	15-16B, 17-18M, 15-16G, 17-18W, 13- 14G, 13-14B
1:00pm	4x100 M Relay	Timed Finals	All Divisions (youngest – oldest)
2:00pm	400 M Dash	Timed Finals	All Divisions (youngest – oldest)
3:20pm	4x800 M Relay	Timed Finals	11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18W, 17-18M
4:10pm	200M Dash	Semi Finals *	All Divisions (youngest – oldest)
4:45pm	Steeple Chase	Timed Finals	15-16G, 17-18W, 15-16B, 17-18M
-	Saturday	Field Events	
8:30am	Shot Put	13-14G – Pit A	11-12B – Pit B
8:30am	Discus	17-18W	
8:30am	Long Jump	13-14B – Pit A	9-10G – Pit B
8:30am	High Jump	11-12G	
8:30am	Turbo Javelin	9-10B	
9:00am	Pole Vault	13-14B, 15-16B,	
		17-18M	
10:00am	Shot Put	13-14B – Pit A	7-8B – Pit B
10:00am	Discus	11-12G	
10:00am	Long Jump	17-18M – Pit A	11-12B – Pit B
10:00am	High Jump	9-10G	
10:00am	Javelin	13-14G	
11:30am	Shot Put	9-10B – Pit A	7-8G – Pit B

11:30am	11:30am	Long Jump	15-16B – Pit A	11-12G – Pit B
Noon	11:30am		13-14B	
18W	11:30am	Turbo Javelin	11-12B	
1:00pm	Noon	Pole Vault	13-14G, 15-16G, 17-	
1.00pm				
1:00pm	1:00pm			11-12G – Pit B
1:00pm	1:00pm		13-14B	
1:00pm	1:00pm	Long Jump		7-8G – Pit B
2:30pm	1:00pm	High Jump	9-10B	
2:30pm				
15-16G	2:30pm	Shot Put	17-18W – Pit A	15-16B – Pit B
11-12B 11-12B 11-12B 11-12B 11-12B 13-14G 13-14G 14-12B 13-14G 15-16G 13-14B 13-14G 13-14B 13-14G 13-14B 1	2:30pm	Discus	17-18M	
11-12G 3:30pm	2:30pm	Long Jump	15-16G – Pit A	7-8B - PitB
3:30pm	2:30pm	High Jump	11-12B	
4:00pm	2:30pm	Turbo Javelin	11-12G	
Sunday	3:30pm	Turbo Javelin		
Signature Sign	4:00pm	Long Jump	13-14G – Pit A	9-10 B – Pit B
Signature Sign		Sunday	Track Schedule	
16B, 15-16G, 17-18M, 17-18W	8:30am		Timed Finals	11-12B, 11-12G, 13-14B, 13-14G, 15-
10:10am				
11:10am	10:10am	100 M Dash	Finals	
15-16G, 17-18W, 15-16B, 17-18M 12:15pm 800 M Run Timed Finals All Divisions (youngest-oldest) 1:30pm 200 M Dash Finals All Divisions (youngest-oldest) 2:30pm 4x400 M Relay Timed Finals All Divisions (youngest-oldest) Sunday Field Events 8:30am Discus 15-16B 8:30am Triple Jump 17-18M - Pit A 13-14B - Pit B 8:30am Javelin 15-16G 10:00am Discus 11-12B 10:00am Triple Jump 17-18W - Pit A 13-14G - Pit B 10:00am Discus 11-12B 10:00am Discus 15-16G 10:00am Javelin 17-18M 11:30am Discus 15-16G 11:30am Discus 15-16G 11:30am High Jump 15-16G - Pit A 11:30am Javelin 17-18M 11:30am Javelin 13-14B 1:00pm Discus 13-14G 1:00pm Discus 13-14G 1:00pm Discus 13-14G 1:00pm Discus 13-14G 1:00pm Javelin 17-18W 1:00pm Javelin 7-8G, 7-87B 2:30pm High Jump 17-18W				
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If there are 8 or less runners in a semi-final event, it will be run as a final event.